## HOW TO MEASURE

-For best results, have someone else take measurements.

- Measure body in underwear.
- Tape must be snug but not tight.
- If measurements fall between two sizes, order the larger size.

| (1) HEAD | Around your head, from the center of the forehead, above <br> the ears and over the natural bump at the back of the head. |
| :--- | :--- |
| Let the hands hang down on the side in a slightly bent |  |
| position. Measure from the center of the back of your neck, |  |
| along the length of your arm, to the wrist. |  |

WHAT CODE REPRESENTS YOUR SIZE?

1. Find your size.
2. The corresponding code is THE CODE you use to complete the part number on your order.

Example: 440227 __ 90 Size: $M=$ Code " 06 ", therefore 4402270690

| SIZE | CODE | SIZE | CODE | SIZE | CODE | SIZE | CODE | SIZE | CODE | SIZE | CODE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| One Size | 00 | XL | 12 | L/XL | 73 | 11/12 | 56 | 10 | 30 | 32 | 38 |
| XS | 02 | XLT | 13 | 2 | 21 | 13/14 | 80 | 10.5 | 99 | 34 | 39 |
| XS/S | 90 | 2XL | 14 | 3/4 | 79 | 14/16 | 50 | 11 | 31 | 36 | 40 |
| S | 04 | 3XL | 16 | 5/6 | 52 | 4 | 23 | 12 | 32 | 38 | 41 |
| M | 06 | 4XL | 18 | 6/8 | 48 | 6 | 25 | 13 | 33 | 40 | 42 |
| MT | 07 | 5XL | 88 | $7 / 8$ | 54 | 7 | 27 | 14 | 34 | 42 | 43 |
| L | 09 | S/M | 72 | 9/10 | 55 | 8 | 28 | 28 | 36 | 44 | 44 |
| LT | 10 | M/L | 91 | 10/12 | 49 | 9 | 29 | 30 | 37 |  |  |

MEN'S-5'8"- 6'0"

|  | XS | S | M | L | XL | 2XL |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| CHEST | $33-35$ | $35-37$ | $37-40$ | $40-44$ | $44-48$ | $48-52$ |  |
| WAIST | $27-29$ | $29-31$ | $31-34$ | $34-38$ | $38-42$ | $42-46$ |  |
| HIPS | $33-35$ | $35-37$ | $37-40$ | $40-44$ | $44-48$ | $46-50$ |  |
| ARM LENGTH | 30 | 31 | 32 | 33 | 34 | $52-56$ |  |
| INSEAM | 31 | $311 / 2$ | 32 | 32 | 32 | 35 |  |


| LADIES'-5'4'- 5'8' |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | XS | S | M | L | XL | 2XL | 3XL |
| CHEST | 32-34 | 34-36 | 36-39 | 39-42 | 42-45 | 45-49 | 49-53 |
| WAIST | 24-26 | 26-28 | 28-30 | 30-34 | 34-37 | 37-41 | 41-45 |
| HIPS | 34-36 | 36-38 | 38-40 | 40-44 | 44-47 | 47-51 | 51-55 |
| ARM LENGTH | 31 | 31 | $311 / 2$ | 32 | $321 / 2$ | 33 | 34 |
| INSEAM | 30 | 30 | 30 | 30 | 30 | $301 / 2$ | $301 / 2$ |


| MEN'S GLOVES (MEASURE PALM WIDTH) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | S | M | L | XL | 2XL | 3XL |
| INCHES | $31 / 4$ | $3^{1 / 2}$ | 4 | $41 / 2$ | 5 | 51/2 |

# LADIES' GLOVES (MEASURE PALM WIDTH) 

|  | S | M | L | XL | 2XL |
| :---: | :---: | :---: | :---: | :---: | :---: |
| INCHES | $2^{3 / 4}$ | 3 | $3^{1 / 2}$ | 4 | $41 / 2$ |

HELMETS

|  | XS | S | M | L | XL | 2XL |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HEAD (INCHES) | $207 / 8-21^{1 / 4}$ | $21^{5} / 8-22$ | $22^{3 / 8}-22^{3 / 4}$ | $23^{1 / 8-23^{5} / 8}$ | $24-24^{3 / 8}$ | $24^{3 / 4-251 / 8}$ |

JUNIOR HELMETS

|  | S | M | L |
| :---: | :---: | :---: | :---: |
| HEAD (INCHES) | $19^{1 / 4}-19^{3} / 4$ | $20-20^{1 / 2}$ | $20^{7 / 8-21 \frac{1}{4}}$ |

